

Child and Youth Services Child Development Center June 2007



Dear Parents,

As the summer approaches and many families are planning their family vacations we would like to share the following information with our families. Vacations are an opportunity to build a sense of family togetherness without the pressures of everyday life. Where the family goes and how long the stay are not important, but the best vacations are planned around the interests and the developmental levels of children.

When planning a trip with young children remember that they need and like routine. A family should keep naptimes, mealtimes, and bedtimes as close to their child's normal routine as possible. It also is helpful when planning the itinerary to include the children. This makes them feel included and gives them an idea of what to expect.

The family that travels with preschoolers should consider this age group's self-centeredness, short attention span, and need for movement. Keep in mind that they enjoy physical activity, quiet playtime, arts and crafts, and most of what a parent suggests. They also enjoy exploring and talking about their observations and experiences.

Traveling with this age group does present some challenges. A survival kit helps minimize irritability and crankiness during long hours of driving. Pack healthy snacks, storybooks, crayons, markers, paper, games, and a tape player and tapes. By preplanning your vacation, ensuring some routine and allowing for flexibility, everyone in your family can enjoy the adventure.

Happy Summer, Child Development Center Director





Child and Youth Services (CYS) **Parent Advisory Council Meeting**

21 June 2007, 1130-1300

Community Activities Center

Building 718

Porter Street



Parent Topic: Your Child's Dental Health

Special Speaker: Diane Creedon

1200-1300

Fort Detrick Community Welcome

Sponsored by CYS Liaison,

Education and Outreach Services



CHILD AND YOUTH SERVICES 1 2 7 7 7



Cooking Club 1500-1600, Youth Services Sky Dome, Building 949 Come in and create a warm and tasty snack that will hit the spot! Open to grades 1-12. \$2.00 Members/\$3.00 Non-members.	3
Father's Day BBO 1000-1200, Youth Services Sky Dome, Building 949 Sign-up at Youth Services All ages \$3.00 Per Person Movies Under The Stars Bridge To Terabithia (Rated: PG) 1900, Blue and Gray Field All ages Free	9
Military Appreciation Night 1900, Frederick Keys Stadium \$2.00 Per Person Contact 301-815-9900 for more information.	11
The "10:30 Club" All Area End of School Lock-In 1900-0700, Youth Services Sky Dome, Building 949	15

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Hersheypark Trip 0830, Bus departs Youth Services, Building 949 Contact Youth Services for more information.	20
PAC Meeting 1130-1300, Communities Activities Center, Building 718 Child Dental Health, Speaker Ms. Diane Creedon, Barquist Dental Clinic, Sponsored by CLEOS	21
Family Summer Ice Cream Social 1400-1500, Youth Services Sky Dome, Building 949 All ages. \$2.00 Members/\$3.00 Non-members.	23



FOR MORE INFORMATION, CALL 301-619-2901

Grades 6-12. \$15.00 Members/\$17.00 Non-members.